

Contemplation of Program Discontinuance  
Program: **Health Education**  
January 2011

Program Summary

The Department of Wellness & Human Performance offers degree programs in health, physical education, sports management, recreation, exercise science, and individually designed interdisciplinary programs. Teaching certification is available in health and physical education with minors in coaching, health, and adapted physical education. Students gain a broad knowledge of the physiological and mechanical functions of the human body. Students become aware of their personal performance abilities through experiences in a variety of physical activity courses, and become aware of the many fitness and leisure time activities for wellness available to them and others throughout their lives.

The credit requirements for the Bachelor of Science degree are as follows:

Health Education: 52

Physical Education-Teaching: 46

Exercise Science: 65

Physical Education-Recreation Emphasis: 65

Physical Education-Sports Management Emphasis: 67

Minors offered are:

Adapted Physical Education/DAPE: 33

Adapted Physical Activity: 18

Coaching: 24-27

Faculty

The Department includes four tenured and one probationary faculty and the equivalent of one FTE in % time of IFO coaches assigned to the department.

***This proposal recommends that the Health Education Major be discontinued. No faculty would be retrenched.***

Statistical Profile / Synopsis

The attached documents include: Instructional Cost Study data, five-year enrollments, number of majors by department, degrees awarded, College Now data, Liberal Arts Curriculum (LAC) numbers, faculty salaries without summer session, and re-assigned time.

Student FYE for FY10 is 216.15. There has been a 48% drop in enrollments in the Health Program during the past 5 years. 82% (366) of the enrollments for FY10 in Health are LD courses. The distribution of majors as of Fall 2010 is as follows: Health Education = 11, Physical Education = 173, Physical Education Teaching = 16. Degrees awarded for FY10: Health Education = 3, Physical Education = 32, Physical Education Teaching = 7. Courses in College Now: Health = 0, Physical Education = 2. There are no Health or Physical Education courses in the LAC.

Per the Instructional Cost Study, the cost of lower-division instruction in the Program has risen from \$1,917 per FYE in FY 06 (the MnSCU System average was \$1,954) to \$2,189 per FYE in FY 09 (the MnSCU System average was \$2,102). These numbers do not include College Now. Over the same period,

the total loss within the allocation model for the Program in lower-division courses remained constant at 0.

Upper-division courses in Wellness and Human Performance rose from a cost of \$2,656 per FYE in FY 06 (the MnSCU System average was \$2,370) to \$2,488 in FY 09 (the MnSCU System average was \$2,432). Over the same period, the total loss within the allocation model for the Program in upper-division courses rose from \$64 in FY06 to \$15,945 in FY08 but decreased to zero in FY09.

### Relevant System Data

SMSU is one of six four-year state institutions that offer degrees in Wellness and Human Performance.

### Rationale

The five-year enrollment/fiscal data provided in the accompanying documents, staffing needs, current budget realities and the need to reallocate resources for maximum service to students and their continued success, have led to the proposal to discontinue the Health Program.



WELLNESS HUMAN PERFORMANCE COURSE ENROLLMENTS (HEADCOUNT PER COURSE)  
2005-2010

Crs Subj	Crs #	Title	Acad Year								Total
			2005	2006	2007	2008	2009	2010	2011		
HLTH	100	Personal Health & Wellness	280	259	213	180	109	144	25	25	
	110	Personal Health&Wellness									
	110	First Aid and Safety/CPR	105	139	138	142	93	113	104	1185	
	112	Nutrition & Wellness	75	103	105	108	113	114	37	834	
	140	CPR: Cardiopulm Resusc				1				655	
	220	Stress & Wellness	114	105	106	139	103	142	70	1	
	225	Alcohol, Narcotics, & Tobacco	199	159	160	122	125	63	26	779	
	230	Concepts of School Health	6	12	12					854	
	232	Nutrition	26	26	39	54	50	51	63	46	
	290	Wellness, Safety, & Nutrition from Birth to Grade 3	28	19	45	31	49	47	25	309	
	330	Human Sexuality & Healthy Behavior	25	10	10	9	20	17	25	244	
	350	Community Health	14		17		13		19	91	
	390	Health Promotion		15		17				63	
	410	Human Growth & Developme	18	28	22	29	23	24		52	
	491	Human Growth & Development								97	
491	Elementary School Health Education				55	38	51	28	47		
492	Org &Methods:Health Educ	15	4	6	5	6	3	10	28		
492	Organization and Application of Health Education								25		
494	Organization and Application of Health Education: 5-12					6	3	10	5		
494	Independent Study		8	3	6	10	2		19		
499	Professional Internship								31		
HLTH Total			906	875	876	898	764	774	442	5535	

WELLNESS HUMAN PERFORMANCE COURSE ENROLLMENTS (HEADCOUNT PER COURSE)  
2005-2010

Crs Subj	Crs #	Title	Acad Year									Total
			2005	2006	2007	2008	2009	2010	2011			
PE	101	Intro Health & Physical Education Introduction to Health and Physical Education		72	75	92	50	97	61	447		
	105	Camping and Canoeing Fall Recreation Block	14	7	22	1	19	16	35	44		
	106	Cross Country/Skiing, Snow Shoeing, & Biking Cross Country/Ski/Snowshoe Spring Recreation Block	20	24	9	21	136	247	199	1502		
	107	Walking for Wellness	255	235	220	210	136	247	199	1502		
	108	Basic Technology in Sport, Activity and PE Technology in Physical Education	22	60	51	75	71	74	50	403		
	109	Cross Training			30		45	27	10	112		
	110	Intercollegiate Baseball	26	37	21	25	22	21	20	172		
	111	Intercolleg Basketball	30	20	30	38	24	22	9	173		
	112	Intercollegiate Basketball							17	17		
	112	Cheerleading	6							6		
	114	Intercollegiate Football	59	78	99	106	81	108	86	617		
	115	Intercollegiate Soccer	8	13	11	7	13	8	11	71		
	116	Internc Fast Pitch Softba	6	3	15	16	16	15		71		
	118	Intercollegiate Fast Pitch Softball							12	12		
	118	Intercollegiate Tennis	4	6	5	2	5	5	2	29		
	119	Intercollegiate Golf	3	2	5	6	6	6	8	36		
	120	Intercolleg Volleyball	8	11	15	9	12	14	11	80		
	121	Intercolleg Wrestling	10	9	9	18	19	30	13	108		
	122	Intercollegiate Wrestling							12	12		
	122	Fall Movement Skills	11	16	13	12	17	20		89		
	122	Lifetime Activities I							48	48		
	123	Lifetime Activities II							24	24		
	135	Spring Movement Skills	12	8	13	13	10	40		96		
	142	Dance for Fitness		15				78		93		
	142	Beginning Bowling							26	26		
	144	Beginning Golf	20	28	24	29	26	113		127		
	149	Weight Training & Cond'g Weight Training & Conditioning	184	128	132	94	125	113		776		
	152	Basic Self Defense	47	60	55	60	55	20	47	80		
	154	Adapted Phy Ed Activitie	30	17	24	26				344		
	156	Adventure Ropes								97		
	160	Flexibility/Yoga	115	97	141	132	109	176	138	16		
	161	Swimmerize			20	15	47		21	103		



WELLNESS HUMAN PERFORMANCE COURSE ENROLLMENTS (HEADCOUNT PER COURSE)  
2005-2010

Crs Subj	Crs #	Title	Acad Year								Total
			2005	2006	2007	2008	2009	2010	2011		
PE	391	Exercise Physiology	34	71	78	48	53	56	74	414	
	391L	Exercise Physiology Lab							68	68	
	392	Prev & Care of Athl Injs	37		36	28	39	27		167	
		Prevention & Care of Athletic Injuries		29					35	29	
	393	Adapted Practicum I	10	10	7	8	10	9	6	60	
	400	Recreation Program Planning		10		14		15		39	
	401	K-12 Physical Education				14	9	8	22	53	
		K-12 Special Methods	8	7	16					31	
	440	Field Work in Physical Activity		8	2					10	
	444	Motor Learning & Development	23	34	53	37	60	31	58	296	
	478	Recreation & Sports Mgmt			18	23	18	23	29	111	
	480	Measurement & Evaluation	14	16	20	29	25	33	52	189	
	481	Adapted Phys Educ Application		7	32	14		20		73	
		Adapted Phys Educ Theory	17							17	
		Adapted Physical Education Application							10	10	
	482	Practicum in Coaching	30	21	27	29	32	21	21	189	
	484	Planning Facilities for Physical Activities		17	15	31	17	27	25	132	
	485	Plan Facilities Phys Act	13							13	
	486	Sp Top: Environmental Health		1						1	
	488	Legal Aspects of Recreation & Sport	41	28	36	40	55	47	52	299	
	489	Sports Market, Promotion	9	18						27	
		Sports Marketing, Sales, and Promotions			14	14	22	21	13	84	
	490	Field Practicum			3	14	39	43	30	129	
	491	Exercise Physiology II	4	9	22	15	19	21	25	115	
	492	Ex Physiology Lab Semina	8	9	22	14	20	21		94	
		Exercise Physiology Lab Seminar							25	25	
	494	Independent Studies	6	12	8	8	26	12		81	
	495	Sports Management Practi	10	12	11					33	
	497	Senior Seminar	29	30	32	39	49	44	49	272	
	498	Adapted Practicum II	10	9	6	10	9	9	5	58	
	499	Professional Internship	13	15	22	33	36	40	19	178	
		Professional Practicum							18	18	
	544	GS:Motor Learning & Dev				1				1	
	550	Practicum in Teaching		3		4	10	8	2	27	
	578	Recreation and Sport Management		11	7	6	9	9	12	54	
	584	Planning Facilities for Physical Activities		5	4	2	5	4	4	24	
	585	GS:Biomechanical Analysis	2							2	
	588	Legal Aspects in Recreation & Sport		8	4	7	7	7	11	45	
	589	Sports Marketing, Promotion, and Consumer Behavior			2		10	5	3	20	
PE Total			2051	2134	2424	2337	2318	2589	2376	16229	

DECLARED WELLNESS HUMAN PERFORMANCE MAJORS FY06 - FY10

Major	20063	20065	20073	20075	20083	20085	20093	20095	20103	20105
Health Education	12	11	9	9	11	10	10	8	11	8
Physical Education	117	100	124	117	161	147	171	166	173	162
Physical Education/Teaching	16	15	11	11	15	13	16	14	16	14
Pre-Health Education	13	11	18	17	16	14	14	13	16	15
Pre-Health Education	13	11	18	17	16	14	14	13	16	15
<b>TOTAL</b>	<b>171</b>	<b>148</b>	<b>180</b>	<b>171</b>	<b>219</b>	<b>198</b>	<b>225</b>	<b>214</b>	<b>232</b>	<b>214</b>





DECLARED WELLNESS HUMAN PERFORMANCE MAJORS/MINORS AS OF JAN 2011

PE	SPMGMT	JR	20093		
PE	EXSC	SO	20103		
EXSC	PSYC	FR	20113		
PE	SPMGMT	FR	20113		
PETE		SR	20063	COCH	DAPE
PE		JR	20093	DAPE	
PE	EXSC	SR	20073	COCH	20115
PE	SPMGMT	FR	20113		
EXSC		SO	20113		
EXSC		FR	20113		
PE	EXSC	SR	20073		
PE		SR	20093	DAPE	
PETE	EXSC	JR	20113		
EXSC		JR	20093		
PE	RECR	SO	20113		
PE	EXSC	JR	20103		
PE	EXSC	JR	20093		
PE	SPMGMT	SO	20103	COCH	
PE	SPMGMT	SO	20093		
PE		SO	20073		
PE	EXSC	SR	20093	BIOL	
PE	SPMGMT	SO	20103		
EXSC		FR	20113	COCH	
PE	SPMGMT	SR	20083	COCH	
PE	EXSC	SR	20093		
PETP		FR	20113	DAPE	COCH
HEEP		SR	20075	DAPE	
PE	SPMGMT	JR	20083		
EXSC		FR	20115		
EXSC		SO	20103		
PE	SPMGMT	SR	20083		
PETP		SR	20093	DAPE	
PE	SPMGMT	FR	20113	COCH	
PE	EXSC	SR	20093		
PE	SPMGMT	SR	20093		
PE	EXSC	SR	20083		20115
PE	EXSC	SR	20083		20115
PE	EXSC	JR	20103	COCH	
PE	SPMGMT	SR	20073	MATH	20115
PETE	EXSC	SR	20093	DAPE	COCH
PE	SPMGMT	SR	20103		
PE	RECR	JR	20093		
EXSC		FR	20113		
PE	EXSC	JR	20093		
EXSC		JR	20113		

DECLARED WELLNESS HUMAN PERFORMANCE MAJORS/MINORS AS OF JAN 2011

EXSC	SPMGMT		SO	20113			
PE	SPMGMT	MKTG	SR	20083			
HEEP		PETP	SR	20093	COCH		
HEED	EXSC	PETE	SR	20083	DAPE	COCH	
PE	SPMGMT		SR	20073	DAPE		
PE	SPMGMT		SR	20083	PSYC		20115
PE	EXSC		SR	20103	BUNB		20121
PE	EXSC		JR	20093			
EXSC			SO	20103			
PE	EXSC		FR	20113			
PE	EXSC		FR	20113			
PE	EXSC		SR	20083			
PE	EXSC		SR	20073			
PE	EXSC		SR	20103	COCH		
PE	EXSC		FR	20113			
PE	EXSC		FR	20113			
PE	EXSC		SR	20075			
PE	EXSC		SR	20083	COCH		
PE	SPMGMT		SR	20093			
PE	RECR		SR	20093	BUBR	DAPE	20115
PE	RECR		SR	20093	DAPE		
EXSC	SPMGMT	MGMT	FR	20113			
PE	SPMGMT		SR	20073	COCH	DAPE	
PE	EXSC		SO	20113			
PE	EXSC		JR	20093			
PE	EXSC		SO	20103	COCH		
PE	EXSC		SR	20083			20123
PE	EXSC		JR	20093			
PE	EXSC		SO	20093	COCH		
PE	EXSC		SO	20103			
PE	EXSC		FR	20113			
PE	EXSC		SR	20075			
PE	EXSC		SR	20083	COCH		



DECLARED WELLNESS HUMAN PERFORMANCE MAJORS/MINORS AS OF JAN 2011

PE		FR	20113		
EXSC		SO	20103		
PE	SPMGMT	JR	20093		
PETP		SR	20093	COCH	DAPE
EXSC		PD	20075		
PETP		SR	20103	COCH	DAPE
PE	RECR	SR	20083	COCH	
PE	EXSC	SR	20083	COCH	20115
PE	SPMGMT	SR	20083	COCH	20115
PE	SPMGMT	JR	20103		
PE	EXSC	SO	20103		
PE	EXSC	SR	20093		20115
PE	EXSC	SO	20093		
PE	SPMGMT	JR	20113	CRJU	
PE	EXSC	SR	20063		20115
PE	EXSC	SO	20103		
PE	EXSC	SO	20103		
PE	EXSC	SO	20103	MGNB	
PE	RECR	JR	20093		
PE	RECR	SR	20083		
PE	EXSC	SR	20083		
PE	EXSC	SO	20103		
EXSC		FR	20115		
PE	SPMGMT	FR	20113	COCH	
PE	SPMGMT	SO	20103		
PE	EXSC	JR	20093	COCH	
PE	RECR	SR	20093		
EXSC		SO	20113		
PE	SPMGMT	JR	20113		
PE	SPMGMT	SR	20073	COCH	DAPE

NOTES:202 declared Wellness & Human Performance majors. SR: 82 JR: 43 SO: 42 FR: 32 PD/GR: 3

DECLARED MINORS

SR: 64  
JR: 20  
SO: 8  
FR: 12  
PD/GR: 4

WELLNESS HUMAN PERFORMANCE DEGREES AWARDED 04-10

Degrees Awarded	Period July 01-June 30						Grand Total
MAJOR_NAME:	2004-05	2005-06	2006-07	2007-08	2008-09	2009-10	Total
Health Education	3	6	2	6	5	3	25
Physical Education	31	22	18	31	31	32	165
Physical Education Teaching			4	7	5	7	23
Physical Education/Teaching	4	6					10

SMSU LIBERAL ARTS CURRICULUM  
(as approved Dec, 2010)

Subject	Crs #	Number of sections offered										Grand Total		
		20063	20065	20073	20075	20083	20085	20093	20095	20103	20105			
ART	100	5	2	6	1	5	2	2	2	2	1	3	2	29
BIOL	100	2	2	2	2	2	2	2	2	2	2	1	1	18
	200	1	1	1	1	1	1	1	1	1	1	1	1	10
CHEM	110	2	1	1	1	1	1	1	1	1	1	1	1	7
	121	1		1		1		1		1		1		5
	231	1		1		1		1		1		1		8
ECON	201	3	3	3	3	3	3	4	4	4	4	4	4	34
	202	2	2	3	3	3	3	3	3	3	3	3	3	27
ENG	107	2	1	1	1	2	1	2	2	1	2	2	1	14
	151													0
ENVS	100				1	1	1	2	1	1	1			6
	180	1	2	1	1	1	1	1	1	1	1	1	1	11
FREN	101	1	1	1	1	1	1	1	1	1	1	1	1	10
	102	1	1		1	1	1	1	1	1	1	1	1	5
	201	1		1		1		1		1		1		5
	202		1		1		1		1		1			5
HIST	210	2	3	2	3	3	3	2	2	2	3	3	2	25
	221	2		2	1	2	2	2	2	2	2	2	2	11
	222	2	2	2	2	2	2	3	3	2	2	2	2	19
	242	2		2	1	1	1	2	2	1	1	1	1	9
	243		2		2		2		2		2			9
HUMT	203	1	1	1	1	1	1	1	1	1	1	1	2	11
IDST	100													0
	400													0
JUAD	144	3	3	4	3	4	3	4	4	3	3	3	3	33

SMSU LIBERAL ARTS CURRICULUM  
(as approved Dec, 2010)

Number of sections offered

Subject	Crs #	20063	20065	20073	20075	20083	20085	20093	20095	20103	20105	Grand Total
LIT	100	1		2		2		1				6
	120									1		1
	150	1				2						2
	170									1		1
	200	5		5		4		6		4		46
	261	1		1		4		1		5		11
MATH	101	3		3		3		3		3		18
	110	1		1		1		1		2		6
	115	3		4		4		4		4		19
	135	1		1		1		1		1		5
	140	1		1		1		1		1		5
MUS	150	2		2		2		2		2		12
	100	2		2		2		2		2		12
	101					1		1				2
	102	2		1		2		1		1		7
PHIL	104			1		1		3				5
	100	2		1		2		2		1		8
	103	1		2		1		3		4		11
	105					3		3				6
PHYS	107					1		1				2
	110					1						1
	230					1						1
	240							1				1
POL	121	1				1		1		1		4
	120	3		3		2		2		2		12
PSYC	227	1		1		1		1		2		6
	101	8		7		6		7		6		33





# Faculty Salary

(Based on HR Assignments - Includes Release time and Reassign time and Extra Duty Days)  
 (Excludes Benefits and Summer Session Salary)

Faculty Name	Fiscal Year				
	2006	2007	2008	2009	2010
<b>WHP</b>					
Aiken-Kush	37,008	37,895	38,803	44,118	
Albitz	66,961	65,331	71,714	78,128	83,402
Bingham	2,200	2,200	2,252	2,402	1,200
Buerkley			4,419		
Buyse, C				2,400	2,400
Crowell	5,500	5,500	6,743	7,200	7,200
Culhane	15,211	15,576	17,125		
Dreyer	4,400	2,200	2,249	2,400	2,400
Eidsness	15,211	15,576	17,125	18,498	13,676
Erickson			2,245	2,400	2,400
Ghigiarelli		52,790	54,056		
Gilmore	2,200				
Hanson, M			2,400	2,400	2,406
Hennen				4,800	
Herrmann				2,400	
Jeffers	65,331	68,402	71,583	77,322	86,494
Jewett		15,213	15,577	16,827	16,993
Jones, H	92,119	96,145	98,450		94,691
Larson	4,400	3,668	3,375	4,812	4,812
Loft, K	4,400	330	1,463	4,320	

## Faculty Salary

(Based on HR Assignments - Includes Release time and Reassign time and Extra Duty Days)  
 (Excludes Benefits and Summer Session Salary)

Faculty Name	Fiscal Year				
	2006	2007	2008	2009	2010
Moberg	4,400	2,200	4,498		
Nelson			6,080		32,908
Olson				30,612	23,186
Petersen, J		8,415	8,202		
Pitzl	23,338	3,300		55,526	57,259
Power	16,757				
Radel	60,852	65,331	61,373	91,934	90,989
Reynolds				2,401	3,600
Stiemen	7,085	7,255	7,789	8,414	1,972
Sterner, J	6,008	4,846			
Sterner, M	50,606	51,819	53,061	56,747	60,690
Strate	69,741	75,617	76,868	83,750	95,448
Thompson	4,400	3,300	2,252	13	
Vangelderen	1,100				

## Re-Assign Time - Salary Only

Comments	Fiscal Year				
	2006	2007	2008	2009	2010
<b>WHP</b>					
<b>Albitz</b>					
Reassigned time to develop Master's degree in Coaching for 2005-2006 only	5,328				
<b>Jefferis</b>					
According to Article 6, Sec H, Subd 2 of the IFO/MNSCU Agreement will receive six credits reassigned time Spring Semester 2009 to fulfill duties as Chair of the IFO Negotiating Team				18,681	
According to Article 6, Sec H, Subd 2 of the IFO/MNSCU Agreement will receive six credits reassigned time Spring Semester 2010 to fulfill duties as Chair of the IFO Negotiating Team					18,681
<b>Nelson</b>					
25% time Athletic Administration Spring Semester: duties include Game Management and Athletic Development (This is change from original appointment which was to be 25% (6 credits) instruction Spring Semester			4,118		
<b>Olson</b>					
Athletic Administration Fall Semester				12,639	
Althletic Administration Spring Semester				2,566	
<b>Petersen</b>					
Game Management		2,804			
Game Management responsibilities			2,735		
<b>Radel</b>					
3 credits each semester for Coordinating special events and developing student leaders	15,213	16,333		9,377	

Re-Assign Time - Salary Only

	Fiscal Year				
Comments	2006	2007	2008	2009	2010
<b>Stemen</b>					
Booster Club Reassigned Time	7,085	7,255	7,789	8,330	1,972

## Extra Duty Days - Salary Only

WHP	Description	Fiscal Year				
		2006	2007	2008	2009	2010
Jones	28 extra duty days for Department Chair duties on August 11, 12, 15, 2005 and 25 duty days during the Summer of 2006	1,410				
	28 extra duty days for Department Chair duties: August 10, 11 & 15, 2006 and 25 duty days during Summer of 2007		1,444			
	28 Extra Duty Days for Department Chair duties: August 17, 20, 21, 2007 and 25 days during Summer 2008			1,478		
	28 days for Department Chair: August 14, 15, 18, 2008 and 25 duty days Summer of 2009. Department Chair responsibilities on August 12, 13, and 14, 2009 and 25 days during Summer 2010				1,340	12,753
Strate	Two extra duty days for consultation with the Dean about on-line courses.			815		
Radel					11,386	